



## Go Mama Go

Choreographed by Kate Sala & Robbie McGowan Hickie

**Description:** 64 count, 4 wall, beginner/intermediate line dance

**Musique:** **Let Your Momma Go** by Ann Tayler [CD: Let Your Momma Go / Available on iTunes]

Intro: 32 count intro from the beginning

### **SIDE STEP RIGHT, TOGETHER, TURN ¼ RIGHT, HOLD, STEP, PIVOT TURN ½ RIGHT, TURN ¼ RIGHT, HOLD**

- 1-2 Step right to side, step left together
- 3-4 Turn ¼ right and step right forward, hold
- 5-6 Step left forward, turn ½ right (weight to right)
- 7-8 Turn ¼ right and step left to side, hold (12:00)

### **BACK ROCK, TOE STRUT RIGHT, BACK ROCK, TOE STRUT LEFT**

- 1-4 Rock right back, recover to left, step right toe to side, drop right heel
- 5-8 Rock left back, recover to right, step left toe to side, drop left heel

### **BEHIND, SIDE, CROSS, HOLD, SIDE ROCK, RECOVER TURN ¼ RIGHT, STEP FORWARD, HOLD**

- 1-4 Cross right behind left, step left to side, cross right over left, hold
- 5-6 Step left to side, turn ¼ right (weight to right)
- 7-8 Step left forward, hold (3:00)

### **DIAGONAL LOCKS STEP (RIGHT & LEFT) WITH SCUFF**

- 1-2 Step right diagonally forward, lock left behind right
- 3-4 Step right diagonally forward, scuff left diagonally forward
- 5-6 Step left diagonally forward, lock right behind left
- 7-8 Step left diagonally forward, scuff right diagonally forward

### **REVERSE RUMBA BOX**

- 1-4 Step right to side, step left together, step right back, hold
- 5-8 Step left to side, step right together, step left forward, hold

### **STEP, PIVOT TURN ½ LEFT, STEP FORWARD, HOLD, FULL TURN RIGHT (TRAVELING FORWARD), HOLD**

- 1-4 Step right forward, turn ½ left (weight to left), step right forward, hold
- 5-8 Turn ½ right and step left back, turn ½ right and step right forward, step left forward, hold (9:00)

*Easier option for counts 5-8: left lock step forward with hold*

### **SIDE STEP RIGHT, TOES TOUCHES IN-OUT-IN, SIDE STEP LEFT, TOE TOUCHES IN-OUT-IN**

- 1-2 Long step right to side, touch left together
- 3-4 Touch left to side, touch left together
- 5-6 Long step left to side, touch right together
- 7-8 Touch right to side, touch right together

### **MAMBO TURN ½ RIGHT, STOMP FORWARD, HOLD FOR 3 COUNTS**

- 1-4 Rock right forward, recover to left, turn ½ right and step right forward, hold
- 5-8 Stomp left forward (spread hands out to each side), hold for 3 counts (3:00)

### **REPEAT**

### **TAG**

*At the end of wall 5 (facing 3:00), dance the 1st section of the dance only (counts 1-8), then continue with a 12 count tag as follows:*

### **BEHIND, HOLD, TURN ¼ LEFT, HOLD, RIGHT JAZZ BOX CROSS WITH HOLDS**

- 1-4 Cross right behind left, hold, turn ¼ left and step left forward, hold
- 5-8 Cross right over left, hold, step left back, hold
- 9-12 Step right to side, hold, cross left over right, hold (12:00)

*Then restart the dance again from the beginning*

**ENDING**

*The music ends during wall 8 (facing 3:00). To finish facing the front wall, dance up to count 12, then:*

13-14 Rock left back, recover to right

15-16 Turn  $\frac{1}{4}$  left and step left forward, hold (pose)

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