

# Back In The Saddle

**Count:** 64    **Wall:** 4    **Level:** Improver

**Choreographer:** Yvonne Anderson, Scotland, (Sept 2013)

**Music:** You Can't Count Me Out Yet by Travis Tritt. Album: Strong Enough

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**Notes: Start on vocal, Restart during wall 6 dance through to count 32 and restart facing 3 o'clock**

## **[1-8]SIDE-BEHIND-1/4 RIGHT, HOLD, 1/4 RIGHT-BEHIND-1/4 LEFT, HOLD**

- 1-4            Step R to side, Step L behind right, Make 1/ turn right stepping R forward, Hold [3]  
5-8            Make 1/4 turn right stepping L to side, Step R behind left, Make 1/4 turn left stepping L forward, Hold [3]

## **[9-16]HEEL FORWARD, HOOK, HEEL FORWARD, FLICK, STOMP FORWARD, HEEL TWISTS**

- 1-4            Touch R heel forward, Hook R heel across left shin, Touch R heel forward, Flick R heel back [3]  
5-8            Stomp R forward and lean slightly forward, Twist both heels out, Twist both heel in, Recover weight on L [3]

## **[17-24]BACK-TOGETHER-BACK-TOGETHER, COASTER CROSS, HOLD**

- 1-4            Step R back, Step L beside right, Step R back, Step L beside right [3]  
**(counts 1-4 feel like an extended shuffle back)**  
5-8            Step R back, Step L beside right, Step R across left, Hold [3]

## **[25-32]ROCK LEFT TO LEFT, RECOVER, SAILOR 1/4 TURN RIGHT, HOLD**

- 1-4            Rock L to left pushing hips to left, Hold, Recover weight on R with hip sway [3]  
5-8            Step L behind right, Make 1/4 turn right stepping R forward, Step L slightly forward [6]

## **[33-40]HITCH-BALL-HEEL, STEP 1/2 TURN LEFT**

- 1-4            Hitch R knee, Step Ball of R slightly back, Touch L heel forward, Hold [6]  
5-8            Step L beside right, Step R forward, Make 1/2 turn left taking weight on L, Hold [12]

## **[41-48]DIAGONL LOCK STEP FORWARD, HOLD, SIDE SHUFFLE, 1/4 RIGHT with Hitch**

- 1-4            Step R forward to right diagonal, Lock L behind R, Step R forward to right diagonal, Hold [1.30]  
5-7            Step L to left squaring off to wall, step R beside left, Step L to left [12]  
8              On ball of L make 1/4 turn right and hitch right knee slightly [3]

## **[49-56] SIDE SHUFFLE, 1/4 RIGHT with HITCH , DIAGONAL LOCK STEP FORWARD, HOLD**

- 1-3            Step R to right, Step L beside right, Step R to right [3]  
4              On ball of R make 1/4 turn and hitch L knee slightly [6]  
5-8            Step L forward to left diagonal, Lock R behind left, Step L forward to left diagonal, Hold [5.30]

**[57-64]STEP FORWARD,HOLD, ½ LEFT, HOLD, STEP FORWARD, HOLD, ¼ LEFT, HOLD**

- 1-2 Step R forward squaring off to wall, Hold [6]
- 3-4 Make ½ turn left taking weight on L, Hold [12]
- 5-6 Step R forward, Hold
- 7-8 Make ¼ turn left taking weight on L, Hold [9]

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**Last Revision - 3rd Nov 2013**